

2023 FEDERAL EMPLOYEES HEALTH BENEFITS PROGRAM

2023 FEE FOR SERVICE (FFS) INSURANCE PREMIUM RATES

Plan	Enroll Code	2022 Biweekly Total Premium	2023 Biweekly Total Premium	2023 Biweekly Gov't Pays	2023 Biweekly Employee Pays	2023 Biweekly Change in Employee Payment	2022 Monthly Total Premium	2023 Monthly Total Premium	2023 Monthly Gov't Pays	2023 Monthly Employee Pays	2023 Monthly Change in Employee Payment
APWU Health Plan											
CDHP Self	474	\$278.61	\$295.32	\$221.49	\$73.83	\$4.18	\$603.66	\$639.86	\$479.90	\$159.96	\$9.05
CDHP Self & Family	475	\$660.58	\$700.21	\$525.16	\$175.05	\$9.91	\$1,431.26	\$1,517.12	\$1,137.84	\$379.28	\$21.47
CDHP Self Plus One	476	\$605.53	\$641.86	\$481.40	\$160.46	\$9.08	\$1,311.98	\$1,390.70	\$1,043.03	\$347.67	\$19.68
High Self	471	\$351.25	\$380.72	\$259.72	\$121.00	\$14.61	\$761.04	\$824.89	\$562.73	\$262.16	\$31.65
High Self & Family	472	\$842.96	\$913.68	\$611.42	\$302.26	\$33.43	\$1,826.41	\$1,979.64	\$1,324.74	\$654.90	\$72.44
High Self Plus One	473	\$737.59	\$799.47	\$560.52	\$238.95	\$25.99	\$1,598.11	\$1,732.19	\$1,214.46	\$517.73	\$56.32
Blue Cross/Blue Shield											
Basic Self	111	\$320.74	\$346.39	\$259.72	\$86.67	\$6.49	\$694.94	\$750.51	\$562.73	\$187.78	\$14.05
Basic Self & Family	112	\$786.42	\$849.33	\$611.42	\$237.91	\$25.62	\$1,703.91	\$1,840.22	\$1,324.74	\$515.48	\$55.52
Basic Self Plus One	113	\$720.76	\$778.42	\$560.52	\$217.90	\$21.77	\$1,561.65	\$1,686.58	\$1,214.46	\$472.12	\$47.17
Blue Cross/Blue Shield											
Blue Focus Self	131	\$212.58	\$216.86	\$162.65	\$54.21	\$1.07	\$460.59	\$469.86	\$352.40	\$117.46	\$2.31
Blue Focus Self & Family	132	\$502.70	\$512.78	\$384.59	\$128.19	\$2.52	\$1,089.18	\$1,111.02	\$833.27	\$277.75	\$5.46
Blue Focus Self Plus One	133	\$457.02	\$466.18	\$349.64	\$116.54	\$2.29	\$990.21	\$1,010.06	\$757.55	\$252.51	\$4.96
Blue Cross/Blue Shield											
Standard Self	104	\$372.33	\$402.12	\$259.72	\$142.40	\$14.93	\$806.72	\$871.26	\$562.73	\$308.53	\$32.34
Standard Self & Family	105	\$888.24	\$959.31	\$611.42	\$347.89	\$33.78	\$1,924.52	\$2,078.51	\$1,324.74	\$753.77	\$73.20
Standard Self Plus One	106	\$814.24	\$879.37	\$560.52	\$318.85	\$29.24	\$1,764.19	\$1,905.30	\$1,214.46	\$690.84	\$63.35

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GEHA Benefit Plan											
High Self	311	\$349.72	\$365.46	\$259.72	\$105.74	\$0.88	\$757.73	\$791.83	\$562.73	\$229.10	\$1.90
High Self & Family	312	\$876.38	\$915.81	\$611.42	\$304.39	\$2.14	\$1,898.82	\$1,984.26	\$1,324.74	\$659.52	\$4.65
High Self Plus One	313	\$769.39	\$804.01	\$560.52	\$243.49	-\$1.27	\$1,667.01	\$1,742.02	\$1,214.46	\$527.56	-\$2.75
Standard Self	314	\$250.66	\$275.10	\$206.33	\$68.77	\$6.11	\$543.10	\$596.05	\$447.04	\$149.01	\$13.24
Standard Self & Family	315	\$659.40	\$723.69	\$542.77	\$180.92	\$16.07	\$1,428.70	\$1,568.00	\$1,176.00	\$392.00	\$34.83
Standard Self Plus One	316	\$538.94	\$591.49	\$443.62	\$147.87	\$13.14	\$1,167.70	\$1,281.56	\$961.17	\$320.39	\$28.47
GEHA High Deductible HP											
HDHP Self	341	\$252.83	\$277.48	\$208.11	\$69.37	\$6.16	\$547.80	\$601.21	\$450.91	\$150.30	\$13.35
HDHP Self & Family	342	\$667.99	\$733.12	\$549.84	\$183.28	\$16.28	\$1,447.31	\$1,588.43	\$1,191.32	\$397.11	\$35.28
HDHP Self Plus One	343	\$543.59	\$596.59	\$447.44	\$149.15	\$13.25	\$1,177.78	\$1,292.61	\$969.46	\$323.15	\$28.71
GEHA Indemnity Plan											
Elevate Plus - Self	251	\$316.51	\$343.10	\$257.33	\$85.77	\$6.64	\$685.77	\$743.38	\$557.54	\$185.84	\$14.40
Elevate Plus - Self & Family	252	\$762.53	\$821.25	\$611.42	\$209.83	\$19.20	\$1,652.15	\$1,779.38	\$1,324.74	\$454.64	\$41.60
Elevate Plus - Self Plus One	253	\$707.14	\$748.16	\$560.52	\$187.64	\$5.13	\$1,532.14	\$1,621.01	\$1,214.46	\$406.55	\$11.11
Elevate Self	254	\$194.97	\$202.77	\$152.08	\$50.69	\$1.95	\$422.44	\$439.34	\$329.51	\$109.83	\$4.22
Elevate Self & Family	255	\$545.93	\$578.69	\$434.02	\$144.67	\$8.19	\$1,182.85	\$1,253.83	\$940.37	\$313.46	\$17.75
Elevate Self Plus One	256	\$448.44	\$475.34	\$356.51	\$118.83	\$6.72	\$971.62	\$1,029.90	\$772.43	\$257.47	\$14.57
MailHandlers - HDHP											
Consumer Self	481	\$305.59	\$314.77	\$236.08	\$78.69	\$2.29	\$662.11	\$682.00	\$511.50	\$170.50	\$4.97
Consumer Self & Family	482	\$710.09	\$731.39	\$548.54	\$182.85	\$5.33	\$1,538.53	\$1,584.68	\$1,188.51	\$396.17	\$11.54
Consumer Self Plus One	483	\$676.28	\$696.57	\$522.43	\$174.14	\$5.07	\$1,465.27	\$1,509.24	\$1,131.93	\$377.31	\$10.99

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MailHandlers - Standard											
Standard Self	454	\$313.04	\$322.43	\$241.82	\$80.61	\$2.35	\$678.25	\$698.60	\$523.95	\$174.65	\$5.09
Standard Self & Family	455	\$727.48	\$749.31	\$561.98	\$187.33	\$5.46	\$1,576.21	\$1,623.51	\$1,217.63	\$405.88	\$11.83
Standard Self Plus One	456	\$720.55	\$742.18	\$556.64	\$185.54	-\$10.38	\$1,561.19	\$1,608.06	\$1,206.05	\$402.01	-\$22.48
MailHandlers - Value Plan											
Value Plan Self	414	\$223.87	\$232.82	\$174.62	\$58.20	\$2.23	\$485.05	\$504.44	\$378.33	\$126.11	\$4.85
Value Plan Self & Family	415	\$541.02	\$562.66	\$422.00	\$140.66	\$5.41	\$1,172.21	\$1,219.10	\$914.33	\$304.77	\$11.72
Value Plan Self Plus One	416	\$530.43	\$551.65	\$413.74	\$137.91	\$5.30	\$1,149.27	\$1,195.24	\$896.43	\$298.81	\$11.49
NALC											
CDHP Self	324	\$218.55	\$222.91	\$167.18	\$55.73	\$1.09	\$473.53	\$482.97	\$362.23	\$120.74	\$2.36
CDHP Self & Family	325	\$512.73	\$528.11	\$396.08	\$132.03	\$3.85	\$1,110.92	\$1,144.24	\$858.18	\$286.06	\$8.33
CDHP Self Plus One	326	\$482.16	\$491.81	\$368.86	\$122.95	\$2.41	\$1,044.68	\$1,065.59	\$799.19	\$266.40	\$5.23
High Self	321	\$343.14	\$362.70	\$259.72	\$102.98	\$4.70	\$743.47	\$785.85	\$562.73	\$223.12	\$10.18
High Self & Family	322	\$776.15	\$822.72	\$611.42	\$211.30	\$9.28	\$1,681.66	\$1,782.56	\$1,324.74	\$457.82	\$20.11
High Self Plus One	323	\$758.98	\$802.25	\$560.52	\$241.73	\$7.38	\$1,644.46	\$1,738.21	\$1,214.46	\$523.75	\$15.99
NALC											
Value Self	KM1	\$179.37	\$182.96	\$137.22	\$45.74	\$0.90	\$388.64	\$396.41	\$297.31	\$99.10	\$1.94
Value Self & Family	KM2	\$420.99	\$433.62	\$325.22	\$108.40	\$3.15	\$912.15	\$939.51	\$704.63	\$234.88	\$6.84
Value Self Plus One	KM3	\$395.70	\$403.61	\$302.71	\$100.90	\$1.98	\$857.35	\$874.49	\$655.87	\$218.62	\$4.28
SAMBA											
High Self	441	\$403.70	\$415.81	\$259.72	\$156.09	-\$2.75	\$874.68	\$900.92	\$562.73	\$338.19	-\$5.96
High Self & Family	442	\$968.87	\$997.94	\$611.42	\$386.52	-\$8.22	\$2,099.22	\$2,162.20	\$1,324.74	\$837.46	-\$17.81
High Self Plus One	443	\$888.14	\$914.78	\$560.52	\$354.26	-\$9.25	\$1,924.30	\$1,982.02	\$1,214.46	\$767.56	-\$20.04
Standard Self	444	\$326.74	\$336.54	\$252.41	\$84.13	\$2.25	\$707.94	\$729.17	\$546.88	\$182.29	\$4.88
Standard Self & Family	445	\$745.44	\$767.80	\$575.85	\$191.95	\$5.59	\$1,615.12	\$1,663.57	\$1,247.68	\$415.89	\$12.11
Standard Self Plus One	446	\$703.25	\$724.34	\$543.26	\$181.08	\$2.46	\$1,523.71	\$1,569.40	\$1,177.05	\$392.35	\$5.34